

Lake Bonavista FSC 🕍

March 2018



The Grassroots to Champions seminar last month was a great success and received positive feedback from our skaters! Audrey, Nick and Tommy were incredibly encouraging and provided valuable instruction both on and off the ice. Several skaters achieved big "firsts" at the seminar which was very exciting! We have posted a video with photos from this special day—you can find the Video Gallery in the 'About Us section' of our website!

Like most of the country, you probably cheered on Team Canada at the Olympics this February! Thanks to CBC Sports, our club received special program guides and virtual reality glasses so that the skaters could enjoy the special content on the accompanying app. From our little ones in CanSkate to our senior skaters, everyone was very excited!

Between our seminar and Team Canada's success at the Olympics--a very inspiring month!

Important Dates

Mar 5—Skater Showcase

Mar 9-11 Calgary Winter Invitational Competition

March 19—High Test Day

Mar 31—Last day CanSkate

Apr 6-8 Chinook Open

Apr 20-22 Sunsational Competition

Apr 26—High Test Day

Apr 27—Last Day STARSkate

Apr 29—Year End Banquet

May 22---Spring Skating starts

Club News

Thanks to everyone who came out to the Annual General Meeting on Feb 22nd. We were happy to have enough members present to vote in the executive board for next season. It was reported that the club maintains financial health and thanks to the return of most board members, will have the experience needed to ensure that the club continues to run effectively. That being said, we are always planning for the future and looking for new people who may be interested in serving on the board. We encourage you to speak to a board member if you would like to learn more about any of the positions or to attend our meetings. Copies of the report presented at the AGM can be found on our website in the Members section.

PA of the Month

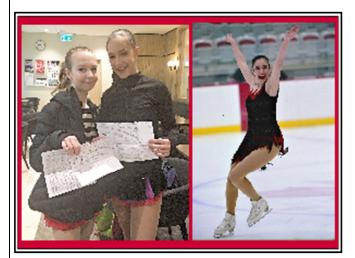
Congratulation to Morgan Jones who has been chosen as PA of the month! Morgan always arrives early so she can get the circuits set. She is helpful getting skaters off and on the ice between classes and assisting skaters during the fast track activity. At the end of class, she will hang back to see if there is anything else she can do!



STARSkate & CompetitiveSkate News



Congratulations to the skaters who competed at the Central Alberta Open last month! There were many happy smiles as skaters in Stars 2 and 3 received their assessment sheet. The assessment sheet provides great feedback for developing skaters and helps them set goals for their skating. Several of the skaters proudly pointed out improvements in a particular element or in their overall assessment. Once skaters reach the Star 4 level, they are also ranked. We are so proud of Kaitlynn Carver who won the Bronze medal in Star 4 at Sylvan Lake. It's wonderful to see everyone's hard work paying off!



We enjoyed another successful Test Day held at the Glencoe Club on Feb 24th. Special recognition goes out to Miranda Wilson who passed her Gold Interpretive test & Megan Myslicki who passed her Gold Freeskate program. Rylan Vaselenak passed her Gold Freeskate as well as finished off her Gold Dances, making Rylan Triple Gold!

Coming up in March, we have the Calgary Winter Invitational. Our last Skater Showcase will be held on Mar 5, just prior to the competition so that skaters can treat it as a simulation run through. We also have another high test day coming up on March 19 held at the club.

Registration is now open for Spring School! Due to work being done at our rink, we will offer the first 3 weeks at the club and the remaining 2 weeks at South Fish Creek. Our skaters have priority in registration up to April 21, at which point we will open the ice up to skaters from other clubs who do not have spring ice available to them.

Learn to Skate News

It's hard to believe that the current Pre-CanSkate, CanSkate and Pre-STAR sessions end this month! The coaches will be preparing report cards and ribbons for the CanSkate skaters to be handed out by the last day of class. We will be offering a Spring Academy for any current skaters who are interested in continuing lessons. The Spring Academy introduces skaters to the large ice and gives them the opportunity to work with several of our coaches. As well, we will be offering CanSkate in the summer so watch our website for upcoming information to register.

CanPowerSkate follows the same schedule as our large ice skaters and will continue through April. The last day of CanPowerSkate will be April 25th.



Central Alberta Open Results

STAR 2

Bailey Arnett-Reid—Silver Michelle Siganur—Gold Devon Kelly—Silver Erica Hayman—Silver Alexis Hirsekorn—Silver Sofiya Oliynyk—Silver

STAR 3

Katherine Li—Silver

STAR 4

Kaitlynn Carver—3rd

STAR 6

Angelica Bathory-Froto Morgan Jones Jocelyn McKnight

STAR 7

Morgan Jones
Jocelyn McKnight

STAR 8

Rylan Vaselenak

STAR 9

Kyla Sterna

Rylan Vaselenak