

Lake Bonavista FSC

Oct 2016



Our Program Assistants had a great time reviewing the Skate Canada circuits and were all ready for the Pre-CanSkate and Canskate classes. Each year Coach Barb remarks on how impressed she is with the figure skaters who volunteer their time and share their love of skating with the next generation of skaters. We have wonderful role models!

Reminder: The change rooms are gender specific due to the number of skaters that need to change when coming to the rink after school. This means no dads in the girls' change room or moms' in the boys' room.

We had a great turn out at the parent meeting, with both new and returning families attending. It was a great opportunity to review ice safety rules such as looking both ways before skating out from the boards and giving the soloist the right of way. Parents learned about changes to the Skate Canada testing system which will see coaches evaluate Preliminary and Jr Bronze levels while Sr Bronze and up will continue having test days with an outside evaluator. The executive also shared the numerous ways funds raised are used to subsidize skaters from ice costs to off ice classes to competitions. The support of parents helps make this a great club!

We held our annual team wear sale last month. Team jackets will be here in time for the next competition and test days so that our skaters can show their club pride! If you missed your chance to buy a jacket this time, there will be another! Thanks to Sharlene for organizing the team wear sale again this year!

Important Dates

Oct 25-29 CanSkate may dress up in Halloween costumes for class!

Nov 3-6 Alberta Sectionals

Nov 28—CanSkate Mini Competition

Coming up— Purdy's chocolate and xmas wreath fundraiser in time for the holidays!







STARSkate & CompetitiveSkate News







The CompetitiveSkate skaters all made us proud at the Canmore Invitational last month. It was the last competition before Sectionals next month, and we are so happy that all our Juvenile ladies have now qualified! As well, Meghan achieved the 17 technical points needed to qualify for the Pre-Novice event two years in a row—an impressive accomplishment! Our boys had a strong showing on the final day. Cooper won bronze in Juvenile and Juan David won bronze in the Novice event. James came in first place in Pre-Juvenile beating his previous personal best by 4 points! Excellent job skaters!





CompetitiveSkate at Canmore:

Pre-Juv U11: Olivia Alcocer, Emma Liew, Erika West

Pre-Juvenile U13: Jocelyn McKnight **Pre-Juvenile Mens**: James Keenan

Juvenile U14: Brenna Campbell, Ali Hallett, Macy Hynes, Megan Myslicki, Kyla Sterna, Rylan Vaselenak

Juvenile Mens: Cooper Feser, Michael Keenan Pre-Novice: Nicole Kraft, Jada Hynes, Meghan Wilcox

Novice: Juan David Castillo

Check out our Facebook page for more photos from this amazing weekend!

CanSkate and CanPowerSkate News

Our CanSkate and PowerSkate programs are both underway! LBFSC now has a referral program. If you refer a friend who registers in Pre-CanSkate, CanSkate, or Pre-Power both you and the friend will receive a 10% discount! Help spread the word about our fantastic learn to skate programs!

Did you know that many NHL hockey teams hire former figure skaters as power skating coaches? Why? Figure skaters have good edge control, balance and efficient stride—all skating skills that are important in hockey and ringette. Check out our new CanPowerSkate program!

All programs are pro-rated so you can register and join in at any time!

