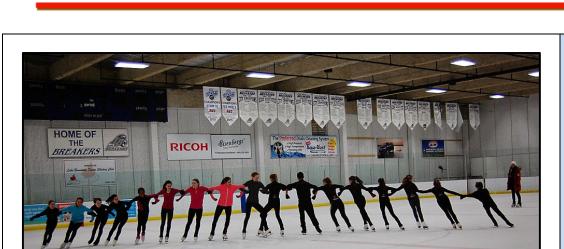


# Lake Bonavista FSC 🎿

February 2016



What a great response for the Joannie Rochette clinic we are hosting this month! Open to everyone in the STARSkate and CompetitiveSkate programs, we have almost 60 LBFSC skaters registered. Thanks to the coaches and parents who have been busy organizing this event! It is a lot of work, but the skaters are eagerly anticipating this special day!

# **Club News**

Many young skaters have dreams of competing at a national level and perhaps even representing Canada one day. Well for one of our skaters, this is not just a dream—it's reality! JorDen Tyson is heading to Corner Brook, NFLD later this month to compete at the Special Olympics Winter Games. This is a qualifying event for athletes to represent Canada at the 2017 Special Olympics Winter Games in Austria!

JorDen started skating 5 years ago & has been competing for the last 2. She gained attention after winning gold at the provincial level and was chosen by Skate Canada for their athlete development program. JorDen skates 8 times a week, and participates in off ice training such as yoga, stretch and pilates 5-7 times a week. Her ice time is split between working with CJ and Lizzy at LBFSC and working with Barb Prystal who is an Alberta coach working with the Special Olympics. Good luck JorDen!



### **Important Dates**

Feb 11—Skater Showcase 6pm

Feb 25—AGM 6:30pm

Feb 26-Skater Showcase 6pm

Feb 26-28 StarSkate & Adult Championship

Feb 28—Joannie Rochette clinic

Mar 4—Skater Showcase 6pm



The AGM will be held on Feb 25 at 6:30 in the multipurpose room. All members are encouraged to come! The board directors will report on the highlights from the 2014-2015 season. It's a great opportunity to learn more about the club and to ask questions.

#### **Fun Stuff!**

JorDen's program is to music from "Chicago."

JorDen's role model is CJ because CJ was in Disney on Ice and JorDen loves Disney!

JorDen's favorite skating move is the spiral (it's fantastic!)

# **STARSkate & CompetitiveSkate News**



#### **Skater Showcase**

We are happy to be holding 3 skater showcases this year! This is an opportunity for skaters to perform their solos for an audience and is an excellent simulation for upcoming competitions! Some competition levels will have priority to participate in specific shows. The Feb 11 showcase is geared toward Star 4+ while the Feb 28 show focuses on Star 1-3. It's a great time to invite family and friends to come!

**Photo Night**—one of the best parts of photo night is the opportunity to see all the skaters in their competition outfits! Everyone looked great and we are looking forward to seeing the official club photo soon. All skaters who attended the photo night will receive a club photo. It can be a challenge organizing so many people so thanks to the skaters for getting lined up and helping us get everyone in position so efficiently!

**Test Days**—Congratulations to our skaters who tested out of club last month! Once again, our skaters made us proud!

**PA of the Month**—Kristen Friesen and Alysha Dupuis have been named Program Assistants of the Month for January. With our busier CanSkate classes this session, these two girls have really stepped up to ensure things run smoothly!

## **CanSkate News**

The winter session of CanSkate is now well underway! The interest in registering for our programs was so strong, almost all our classes filled up. Rather than keep a wait list, the coaches decided to open up a few more spots so that all the children would have the opportunity to skate.

The coaches use the first couple of classes to identify the best placement for each skater. It doesn't take long for the younger skaters to figure out how the classes work and of course the Program Assistants are there to help ease the transition for those very new to the ice.

We appreciate the great feedback we've had! Many who are new to the club, registered based on recommendations of friends who enjoyed their CanSkate classes with us! Our goal is to ensure all the skaters have a positive experience!





Parents, did you know that you can nominate your skater for a Skate Canada award? There are awards at every level beginning with CanSkate. The deadline is Feb 15. For more info and to apply: http://skateabnwtnun.ca/awards/athlete-awards/