STAR 2b – Canasta Tango Pattern Dance

Suggested Introductory Steps:

RFO (2), LFO (2), RFI (4)

This is a very simple dance that introduces the skater to a tango rhythm while giving them experience on large lobes to increase their confidence and speed.

The first chasse (steps 3 and 4) is done with both feet side by side on count 4; be sure to transfer the weight to the right foot though - do not skate on both feet at the same time. The other chasse is slightly different; it is called a slide chasse. As the weight is transferred to the new skating foot, the free foot slides off the ice in front of the skater, returning close beside the skating foot just in time for a smooth transition to the next edge. Judicious use of knee action on these edges can do a great deal to help the tango expression. Here, too, is a good place for the beginner to practice extending the free leg as straight as possible, and pointing the toe down, not up. The skater should watch that steps 9-13 are skated on a good edge so that step 14 RFO can be aimed somewhat toward the center of the rink, and so placed accurately as shown on the diagram.

This step (14) may be started, optionally, with a cross roll in which the right foot crosses in front of the left foot at the end of step 13 and the push onto the RFO is made from outside of the left foot. An effort should be made to keep the feet fairly close together at the start of the transition, but it is of utmost importance that a toe push be avoided.

Neat footwork, tango expression and good carriage should be maintained throughout the dance.

Music	Tempo		Pattern
· Tango 4/4	· 26 measures of 4 beats · 104 beats per minute		· Set
Inventor	First Performed		
James B Francis	The University Skating Club, Toronto - 1951		

	1	LFO	1	Segment #1 Focus Area #1
	2	RFI-Pr	1	
	3	LFO	1	
Reverse Kilian	4	RFI-Ch	1	Focus Area #2
	5	LFO- SwR	4	
	6	RFO	2	Focus Area #2
	7	LFI-SlCh	2	

	8	RFO- SwR	4	
	9	LFO	2	Focus Area #3
	10	RFI-SlCh	2	
	11	LFO	1	
	12	RFI-Pr	1	
	13	LFO	2	
	14	RFO- SwR*	4	
	*Optionally CR-RFO			
	1	LFO	1	Segment #1

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FA = Focus Area

3652 CANASTA TANGO

Set Pattern Dance

Both skaters skate same steps